



Manonmani Antony

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Manonmani Antony 

www.SussexPainRelief.com 

A world-class anesthesiologist trained as a pain interventional specialist, Dr. Antony is committed to providing the highest standards of patient care and safety. She is someone whom relentlessly pushes to provide more drug-free options and therapies to her close-knit community of Delawareans.

Skills

- Seasoned and Skillful Interventionalist
- SEAK-trained Practitioner
- CEDIR/AMA Guides 6th Ed. Certified
- Well-established Injury Practitioner
- Quick Response Times
- Experienced Injury Coordinator on Staff

Experience

JUNE 1, 2010 – PRESENT

Interventional Pain Specialist/Sussex Pain Relief Center

Providing a comprehensive-integrated range of services for patients suffering from acute, chronic, and cancer pain. Office-based private pain practice performing 30-50 procedures per week, 200-300 follow-up visits per week for an active patient population of 3500+ in Sussex County.

- Interventional Pain Management: spinal injections, nerve stimulators, radio frequency neurotomy, sympathetic blocks, nerve blocks, and joint injections under fluoroscopic or ultrasound guidance
- Appropriate medication management/opioid risk assessment and non-opioid medication management
- On-site Physical Therapy (PT), Medical Massage therapy (MMT), Cognitive Behavioral Therapy (CBT), Acupuncture and self-management pain classes
- Networking with Specialists, Primary Care Physicians, and Referring Physicians
- Platelet-Rich-Plasma (PRP) therapy for avascular tissue, stem cell therapies

Physician-Entrepreneur / Various Companies

Chief Practitioner & Managing Member

- Sussex Pain Relief Center, LLC., (AAAHAC-accredited OBS), 18229 Dupont Drive, Georgetown, DE 19947, P: 302-514-7246, F: 302-253-8028, www.SussexPainRelief.com, [Introduction to Who We Are](#)
 - Satellite Location: 34434 King Street Row #1, Lewes, DE 19958
- Sussex Regen Specialists, LLC., (Regenerative Medicine branch), www.DelawareRegenerativeMedicine.com

JUNE 01, 2017 – PRESENT

Interventional Pain Specialist & Partner / Nanticoke Surgical Center

- 400 Health Services Drive, Ste 401, Seaford, DE 19973, P: 302-536-6094, F: 302-990-3081, www.nanticokeesc.com

FEBRUARY 01, 2012 – PRESENT

Expert Witness, IME, Case Review / Legal Services

- Pain Management Consultant
 - <https://www.experts.com/Consultants/Pain-Management-Consultant-Manonmani-Antony>
- Expert Witness
 - <https://www.experts.com/Expert-Witnesses/Pain-Management-Expert-Witness-Manonmani-Antony>

MARCH 15, 2015 – PRESENT

Pain Management Consultant / Beebe Healthcare

- Beebe Healthcare, 424 Savannah Road, Lewes, DE 19958, P: 302-645-3300, www.beebehealthcare.org
- Acute, chronic, and cancer pain management
- Local hospital based in Lewes, DE

OCTOBER 27, 2005 – PRESENT

Pain Management Consultant / Nanticoke Memorial Hospital

- Nanticoke Memorial Hospital, 801 Middleford Rd, Seaford, DE 19973, P: 302-629-6611, www.nanticoke.org
- Acute, chronic, and cancer pain management
- Local hospital based in Seaford, DE

JUNE 15, 2009 – JANUARY 29, 2010

Attending Anesthesiologist / Delaware Coastal Anesthesia

- Practiced anesthesiology in surgery centers and endoscopy centers
- P.O. Box 223, Magnolia, DE 19962

MARCH 28, 2005 – JUNE 12, 2009

Pain Physician / Interventional Pain Management & Regional Medical Associates PA

- Office-based private pain practice with 3 locations, 30-50 procedures per week, 60-120 follow-ups per week
- Awarded Appreciation Certificate by the Delaware state House of Representatives for 2006, 2007, and 2008
- 240 Beiser Blvd #201, Dover, DE 19904

JUNE 3, 2003 – MARCH 15, 2005

Attending Anesthesiologist & Pain Physician / James Paton Memorial Hospital

- Practiced anesthesiology, acute, and chronic pain management including interventional pain procedures
- Local hospital based in Gander, Newfoundland, Canada A1V-IP7

NOVEMBER 1, 2003 – DECEMBER 31, 2004

Chief of Anesthesiology / James Paton Memorial Hospital

- Involved in making anesthesiology and pain management protocols in addition to hospital policies along with OR Scheduling
- Local hospital based in Gander, Newfoundland, Canada A1V-IP7

Licensure and Certification

- ECFMG #0-448-490-3, MAY 1996, VALID INDEFINITELY
- DELAWARE LICENSE NUMBER C1-0007516, EXP. MARCH 31, 2021
- DELAWARE CSA NUMBER: MD4573 EXP. JUNE 30, 2021
- FEDERAL DEA NUMBER BA 8140852, EXP. JUNE 30, 2021
- MARYLAND LICENSE NUMBER D0068493, EXP. SEPTEMBER 30, 2014
- MARYLAND CDS REG NUMBER M66217, EXP. DEC. 31, 2010
- ACLS AND BLS, CURRENT
- ASA'S 2009 CERTIFICATE IN BUSINESS ADMINISTRATION (CBA)
- ABA, BOARD CERTIFIED IN ANESTHESIOLOGY
- ABA, BOARD CERTIFIED IN PAIN MANAGEMENT
- ABIPP, BOARD CERTIFIED IN INTERVENTIONAL PAIN MANAGEMENT-ASIPP
- CEDIR/AMA GUIDES 6TH ED. 03/31/2012
- AAAP, CERTIFIED /BUPRENORPHINE IN RX OF OPIOID DEPENDENCE
- CMS/CAC-CONTRACTOR ADVISORY COMMITTEE MEMBER 12/1/2014
- DOFRC - DRUG OVERDOSE FATALITY REVIEW COMMISSION – JULY 2019, GOVERNOR'S APPOINTMENT
- ADDICTION ACTION COMMITTEE, PAIN DIRECTOR – RESIGNED 2017
- ASHAYA YOGA 200-HOUR LEVEL RYT

Education

FEBRUARY 2009 – FEBRUARY 2010

Certificate in Business Administration program / American Society of Anesthesiologists

Comprehensive curriculum that educates you on how to develop a business plan, evaluate compliance, and navigate organizational issues within the health care industry.

AUGUST 2001 – AUGUST 2002

Pain Management Fellowship / University of Maryland, Department of Anesthesiology

Comprehensive pain management education including acute pain, chronic pain, cancer pain, pediatric pain and interventional pain procedures.

- Pain management (OGY-5) fellowship at ACGME-accredited university

AUGUST 1998 – AUGUST 2001

Anesthesiology Residency / Texas Tech University (Health Sciences Center), Department of Anesthesiology

- Anesthesiology (PGY-2, 3, 4) residency at ACGME-accredited university
- Outstanding Resident Award, Class of 2001, Department of Anesthesiology, Texas Tech University (HSC), June 2001

AUGUST 1997 – AUGUST 1998

Internal Medicine Internship / Texas Tech University (Health Sciences Center)

- Internship in Internal Medicine (PGY-1) at ACGME-accredited university
- 701 West 5th Street, Odessa, TX 79763

SEPTEMBER 1979 – FEBRUARY 1985

MBBS / University of Peradeniya

- Medical School in Sri Lanka

APRIL 1974 – APRIL 1978

Bio Science / St. Bridget's Convent

- College in Colombo-7, Sri Lanka
- Bio Science G.C.E. (A/L)

Research

- Role of Inter-laminar Epidural Steroid Injection and Lumbar Trans-foraminal Epidural Steroid Injection in alleviating radicular symptoms in chronic low back pain in Sussex County, June 2011 to present
- “Study of long term safety and tolerability of Lyrica (Pregablin) in the management of chronic, intractable pain.” Patient enrollment began 7/2010 and is ongoing. Primary Investigator is Manonmani Antony MD, June 2010 to present

Survey of spinal cord stimulation trial-to-permanent conversion rates at Sussex Pain Relief Center, Primary Investigator is Manonmani Antony MD, June 2013 to present

Publications

- Chronic Pain, The Sussex County Women’s Journal, July/August 2011
- Incidence of Pain and Commonly-Reported Pain Conditions, the Sussex County Women’s Journal, October/November 2011
- Commonly-Reported Pain Conditions- Part Two, The Sussex County Women’s Journal, December/January 2012
- Pain Medications and More, The Sussex County Women’s Journal, February/March 2012
- Prescription Drug Abuse: The Silent Epidemic and How to Prevent, The Sussex County Women’s Journal, April/May 2012
- Integrative Medicine: Non-Drug Treatment Options for Pain Management, The Sussex County Women’s Journal, June/July 2012

Presentations

- Interventional Pain Management, Nanticoke Memorial Hospital, Seaford, DE May 2005
- Opioid Therapy for Chronic Non-cancer Pain, Nanticoke Memorial Hospital, Seaford DE September 2007
- Business Plan for Comprehensive Pain Center, American Society of Anesthesiology/ Certified Business Administration , Woodlands Resort & Conference Center in Houston, TX February 2010
- Seeking a Balance Between Pain Management and Prescription Drug Abuse, for MSD (Medical Society of Delaware) Sussex County June 6, 2012
- Seeking a Balance Between Pain Management and Prescription Drug Abuse, Nanticoke Memorial Hospital, Seaford DE February 2013
- Management of Low Back Pain in the Primary Care Setting, Nanticoke Memorial Hospital, Seaford DE April 2013
- Interventional Pain Management for Chronic Spinal Pain Western Sussex County Conference Seaford, DE July 2013
- “Office of Controlled Substances Mandatory One-Hour Controlled Substances Course” for MSD, presented at Beebe Healthcare and Nanticoke Memorial Hospital April-May 2015
- Sussex Pain Newsletter: Pain Professional: Spring 2016, Summer 2016, Fall 2016

Professional Societies

- American Medical Association (AMA)
- American Society of Anesthesia (ASA)
- International Spine Intervention Society (SIS)
- American Society of Interventional Pain Physician (ASIPP)
- Medical Society of Delaware (MSD)

Awards

- INTERVENTIONAL PAIN MANAGEMENT: DelawareToday Top Doctors 2018
 - Previous recipient of DelawareToday Top Doctors 2012
- 2014 Delaware SBA - Small Business Person of the Year
 - Certificate of Tribute from Governor Jack Markell, May 2014

Activities

- Therapeutic yoga teacher and enthusiast
- Contributor and volunteer for charitable organizations based in Sri Lanka

Updated September 20, 2019